



MENU

Served from 8am – 2pm Wed – Sat (9am Sundays)

Why not enjoy with one of our fresh juices, smoothies or coffee?

The Paddle Breakfast Club

Wednesday – Friday

8am – 10am

The Early Bird Catches the.....

Free Tea or Coffee with any

Ultimate, Full, Veggie, Vegan Paddle!

PADDLE CLASSICS

THE ULTIMATE PADDLE

Smoked Streaky Bacon, 2 Chris Watson Sausages, Homemade Baked Beans, Hash Brown, Mushroom, Sourdough, Free Range Eggs
Add Organic Black Pudding 2.00

11.95

THE FULL PADDLE

Smoked Streaky Bacon, Chris Watson Sausage, Flat Mushroom, Tomato, Sourdough, Free Range Eggs
Add Homemade Baked Beans 1.80

8.95

THE VEGGIE PADDLE

Flat Mushroom, Tomato, Spinach, Avocado,
Sourdough, Free Range Eggs(V)
Add Homemade Hash Brown 1.50/ Halloumi 2.50

8.95

THE VEGAN PADDLE

Flat Mushroom, Tomato, Avocado, Homemade Baked Beans, Hummus, Dukkah, Spinach, Sourdough (VE)(N)

9.85

Everything we serve is made from scratch –
Our meat is from Chris Watson Butchers in Highcliffe – All our Eggs are free range from Noahs Ark Farm in Ashley – Our bread is from The Bread Port Bakery in New Milton

PADDLE FAVOURITES

SMASHED PEAS ON SEED & NUT LOAF (VE)(N)

Smashed Peas, Mint, Toasted Homemade Seed & Nut Loaf, Beetroot Hummus, Coconut Feta

7.95

CREAMY NEW FOREST WILD GARLIC MUSHROOMS(V)

On Sourdough, Rocket Pesto, Fried Egg

10.50

'HARRY'S' ONE PAN BREAKFAST

Chris Watson Sausage, Homemade Baked Beans, Baked Eggs, Avocado, Sourdough

BRUNCH TIPPLES!

MIMOSAS & BLOODY MARYS

£8 EACH or 2 for £15

8.95

SMASHED AVOCADO ON TOAST(V)

Beetroot Hummus, Sourdough, 2 Poached Eggs, Chili & Coriander
Add Smoked Salmon 3.00 or Halloumi 2.50

8.95

SOMETHING SWEET

HOMEMADE AMERICAN STYLE PANCAKES(V)

Streaky Bacon, Greek Yoghurt, Maple Syrup & Berries

8.75

BANANA HOTCAKE (VE)

Banana Hotcake, Mango, Berries, Whipped Coconut,
Mixed Seeds

8.95

HOMEMADE HONEY & ALMOND GRANOLA (N)(V)

Greek Yoghurt & Honey, Banana & Berries

6.50

SOMETHING LIGHT

NOAHS ARK FREE RANGE EGGS ON SOURDOUGH TOAST (V)

Poached or Fried Eggs 5.50 / Scrambled Eggs 6.50

VEGGIE CIABATTA

Halloumi, Avocado, Hash Brown, Mushroom, Chilli Jam

8.25

BREAKY CIABATTA

Sausage, Streaky Bacon, Egg, Hash Brown, Chilli Jam

8.25

BACON CIABATTA

5.75

SAUSAGE CIABATTA

6.75

Add Red Onion Marmalade 1.25

EXTRAS

Smoked Salmon 3.00 Halloumi/ Avocado/ Hummus 2.50 Chris Watson Butchers Sausage/ Organic Black Pudding 2.00
2 Bacon/ Mushroom/ Homemade Beans/ Tomato/ 2 Poached/Fried Eggs/ Spinach 1.50

To provide quicker service, during busy periods there may not be variations/swaps on our menu.

Thank you for your understanding.

PLEASE DO NOT HESITATE TO ADVISE ONE OF OUR LOVELY STAFF OF ANY ALLERGIES OF INTOLLERENCES YOU MAY HAVE AS SOME DISHES DO NOT STATE ALL INGREDIENTS.

GLUTEN FREE BREAD AVAILABLE ON REQUEST (VE) = VEGAN/ (V) = VEGETARIAN/ (GF) = GLUTEN FREE/ (N) = CONTAINS NUTS

WHILST WE ENDEAVOUR TO ENSURE OUR DISHES DO NOT CONTAIN ALERGENS WHERE STATED. TRACES MAY BE FOUND DUE TO SUCH ITEMS BEING PRESENT IN OUR KITCHENS.