

the PADDLE DRINKS MENU



COFFEE

from BAD HAND ROASTERS IN BOURNEMOUTH

(all our coffees are a double shot as standard.)

If you like your coffee differently, we are more than happy to accommodate)

ESPRESSO 2.60

LONG BLACK/AMERICANO 2.70

CAPPUCCINO 3.00

LATTE 3.00

MACHIATTO 2.80

PICCOLO 2.80

FLAT WHITE 2.90

MAROCCHINO 4.25 (NUTELLA, ESPRESSO, MILK)

MOCHA 3.70

CHAI LATTE 3.25

HOT CHOCOLATE 3.25 (GF)

(ADD CREAM & MARSHMALLOWS £1.)

MATCHA/ TURMERIC LATTE 4.

ICED COFFEE 3.75

SYRUPS .60

EXTRA SHOT .60

All our Coffees are served with Cows Milk from Meggy Moos Dairy in Dorset. If you would like one of our alternative milks please ask. We do charge .40p extra for Milk based drinks or 10p for a dash

SMOOTHIES 4.

GREEN MACHINE

Kale, Avocado, Banana, Apple

BERRY BERRY GOOD

Mixed Berries, Banana, Yoghurt

TROPICAL STORM

Coconut Milk, Mango & Pineapple

FRESH JUICES 4.

SWEET N SOUR

Apple, Lime & Pineapple

GINGER MONKEY

Carrot, Orange & Ginger

MILKSHAKES 4.

OREO – MALTESER – VANILLA
-BANANA – STRAWBERRY – CHOCOLATE

All made with Icecream & Milk
ADD CREAM .50P

FOR TEA ALLERGENS PLEASE GO TO BIRDANDBLENDTEA.COM

TEA

MUG OF TEA 2./ POT OF TEA 2.25

HOT WATER AND LEMON 1.65

ADD FRESH GINGER 50P

LOOSE LEAF TEAS 2.50

PINHEAD GUNPOWDER GREEN

Chinese Gunpowder Green Tea

THE DIGESTER

Chinese Pu'erh tea, Chinese Oolong tea, ginger, orange, ginseng, fennel

MORNING KICK

Mate, lemongrass, lemon verbena, ginger, lemon peel, calendula

GINGERBREAD CHAI

Rooibos, cardamom, cinnamon, ginger, vanilla pieces, mallow flowers

FRUIT SALAD

Apple pieces, hibiscus, rosehip, raspberry, elderberries, pineapple, lemongrass, orange flowers, orange peel, papaya cubes, strawberry pieces

PEPPERMINT

Peppermint leaves, cornflowers

EARL GREY CRÈME

Ceylon black tea, vanilla, cornflowers, bergamot Oil

CHAMOMILE

Chamomile Flowers

WINES

RED

175ML 250ML BTL

FALSE BAY, SYRAH, SOUTH AFRICA

5.85 7.65 21.

Sustainably Farmed, Wild Fermented.

Toasted Oak & Mocha Pallet

WHITE

FALSE BAY, CHENIN BLANC, SOUTH AFRICA

Wild Fermented for a Rich and Delicious Chenin

ROSE

FALSE BAY, CINSULT MOURVEDE, SOUTH AFRICA

Coastal Vineyard, Delicately Pressed, Pale Pink and Delicious

PROSECCO

MINI 8. BTL 28.

BEERS

PERONI BTL 4.7% 33CL 4.25

EIGHT ARCH LITTLE DRAGON 4.5% 44CL 5.

Kolsch style large/ale from Local Wimborne Brewery

FLACKS DOUBLE DROP BITTER 3.7% 50C 5.

Classic Amber Bitter from Local Romsey Brewery

PURBECK DORSET DRAFT CIDER 5% 50C 5.25

COCKTAILS

BLOODY MARY 8.

MIMOSA 8.

ESPRESSO MARTINI 8.